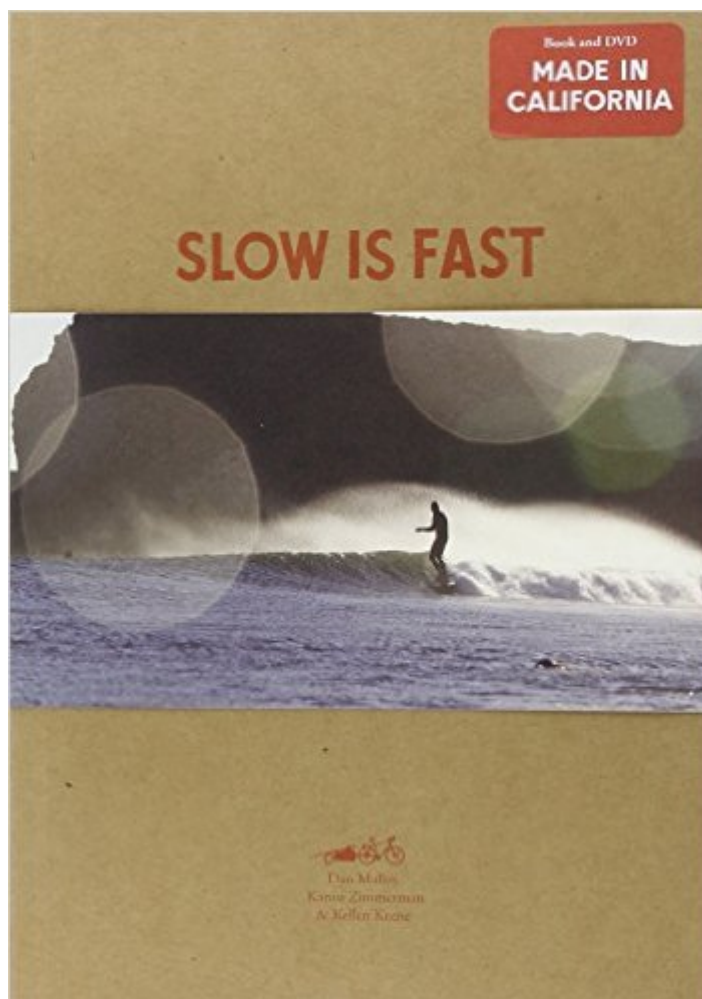


The book was found

Slow Is Fast: On The Road At Home



Synopsis

Slow is Fast book with dvd and poster chronicles what Dan Malloy has called "a mini-adventure in our own backyard." In September 2012, Dan Malloy, Kanoa Zimmerman and Kellen Keene jumped on a train headed north along with bicycles, a surfboard, wetsuits, flippers, a microphone and some cameras. The idea was to travel down the coast by bike, stopping to surf; staying with friends, family and acquaintances; poaching camps when need be and doing their best to earn their keep and to learn from folks who do good work and get by along the California coast. They visit a horse-powered farm, an activist/artist farmer and his family, a sign maker, a board shaper, and a man who crafts prehistoric tools. They bike and surf and take the two o'clock AM armed watch over the vegetable beds. They meet a tracker, a blade smith, a free diver, and a family of knife throwers. They run into roadkill and many great waves. The DVD augments the journey with recollections, interviews, and more. Altogether a portrait of California only accessible via human-powered travel.

Book Information

Paperback: 112 pages

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Average Customer Review: 3.9 out of 5 stars See all reviews (8 customer reviews)

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Customer Reviews

With Endless Summer being one of my absolute favorite movies of all time, this video hit home for me. With incredible imagery and scenes of the California Coast, I thought the Malloy brothers did a great job with the project. With some comical encounters and unpredictable adventures I really enjoyed this film and have passed it along to many of my friends who have also enjoyed it. This video shows Cali in a way no one else could and I loved it.

Just received and read my copy (thank you Patagonia Books) Being a native of Northern Coastal

California for the last 65 years I can say this book paints a beautiful and accurate portrait of the diversity and health of rural northern California.

Growing up in California with a brother and boyfriend who were surfers, this book jogged a lot of memories. I loved that the authors connected with so many people on the coast who were living in a sustainable way and happy about it. The DVD was fun. I felt like I was on the beach and next to the surf without many people about. Just like it used to feel going up the CA coast and exploring the cool, foggy, salty-smelling, damp sand beaches. What a treat! I am a big fan of Kanoa Zimmermann's photography. Well done.

Love the concept of this book. It's a wonderful adventure they went on and I love the dedication to cycling, farmers, and the slower way of life that they celebrate. The book is on the shorter side, but is chock full of things and I was impressed. Would definitely recommend!

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